

THE CAMPUS RESIDENT

SEPTEMBER 7, 2023
VOLUME 13, ISSUE 1



Remembering John Tompkins—A Believer in Newspapers

The Campus Resident pays tribute to the paper's founding editor and a pioneer of local journalism. [Page 7](#)

UBC Proposes to Double Population of University Neighbourhoods by 2050



One of the few remaining parcels of vacant land in Wesbrook Place. (Photo: Eagle Glassheim)

The plan forecasts a population of more than 35,000, more than double UBC's current residential population of 15,000.

UNA cites lack of green space and rental housing, too many towers in draft plan.

BY EAGLE GLASSHEIM

UBC released a draft land use plan in April that proposes construction of up to 8 million square feet of new housing in the university neighbourhoods by 2050. The plan forecasts a population of more than 35,000, more than double UBC's current residential population of 15,000.

The draft plan outlines the development of two new, densely built neighbourhoods at Acadia Park and Stadium Road, and the addition of a ring of towers on the southern edge of Wesbrook Place. The plan also designates at least 30 per cent of all neighbourhood housing as rental, with over half reserved for UBC staff and faculty.

The plan is the culmination of a two-year planning and consultation process known as Campus Vision 2050. UBC is now revising the plan for submission to the UBC Board of Governors this fall. If the board approves, there will be a public hearing before the plan goes to the provincial government, which ultimately is responsible for the adoption of any land use plan amendments.

The University Neighbourhoods Association (UNA) has undertaken its own consultations and raised concerns about the plan. In a May 2023 letter to the Board

of Governors, the UNA objected to the lack of green space, not enough rental housing, and a sharp increase in building heights and densities.

A resident group, the UBC Communities for Sustainable Development, has called for stronger environmental protections, a priority for affordable housing, and representation for residents on the Board of Governors. The group has several outreach events planned in September.

Throughout the Campus Vision process, UBC has maintained that new leasehold housing is needed to raise funds to finance student housing, academic initiatives, and an extension of the Skytrain from Arbutus to the campus.

Many questions remain as UBC revises the plan for submission to the board. How much can and should UBC contribute toward the Skytrain extension? Given UBC's status as a public institution, what role should it play in addressing the crisis of affordable housing in the Lower Mainland? Is selling off development rights to UBC land the most effective way to finance new student housing? What are the environment costs of dense and highrise development? What role should residents have in determining the shape of future development?

Residents can find more information on land use planning and advocacy at the UNA's website: www.myuna.ca/campusvision2050/. UBC has information on Campus Vision 2050 at campusvision2050.ubc.ca/documents-and-resources. The website of UBC Communities for Sustainable Development is at www.ubccanfixit.ca.

EAGLE GLASSHEIM IS A MEMBER OF THE NEWSPAPER EDITORIAL COMMITTEE AND SITS ON THE UNA BOARD OF DIRECTORS.

Renovations Slated for the Old Barn Community Centre

New fitness equipment, a new roof, updated audio/visual equipment and more to come with a refresh of the popular spot. [Page 3](#)



All Abuzz about Pizza, Nachos, and Pulled Pork

New and soon-to-be-open eateries in Wesbrook Place have residents buzzing, says The Campus Resident's guest food writer. [Page 9](#)



Tiny Minds, Big Questions: Why We Study the Infant Brain

A UBC initiative is peering into the brains of babies to discover how humans become smart. [Page 10](#)



Development currently underway in south campus along Wesbrook Mall. (Photo: Warren Caragata)



Repairs Begin on Troubled Waterway

Mundell Pond, located in Mundell Park, pictured here in July. (Photo: Cassius Hesperus)

After a series of delays, work has begun on the Webber Lane Waterway.

BY ROBYN STARKEY.

Residents in Wesbrook Place living near Webber Lane are relieved to see evidence that repairs on the Webber Lane Waterway have begun.

The water feature, which runs along Webber Lane from Birney Avenue to Nobel Park, has been plagued with problems since early 2021. For much of that time it has been saturated with weeds and algae.

UBC Properties Trust (UBCPT) is currently responsible for the waterway, and according to its website, the feature is designed to channel primarily rainwater with added treated water to supplement the flow.

However, a leak somewhere caused the shutdown of the supplementary water system. That meant standing water rather than flowing water, which led to the issues with algae and weeds.

Lower water levels have meant a decrease in wildlife, particularly tree frogs, and some areas such as Mundell Pond continue to have little to no water at all.

UBCPT said in its June update that it had plans to reduce the populations of insects that might thrive in stagnant water. “We are scheduling to pump out the existing stale waterway from the channels and ponds, which will be pumped regularly

until the warmer summer weather arrives.”

UBCPT told the University Neighbourhoods Association (UNA) through email that a biologist recommended postponing the work. The biologist, it said, did an on-site assessment and recommended postponing the project, based on environmental concerns and issues related to the B.C. Wildlife Act.

Delaying the project was intended to give time for tadpoles to mature and migrate to their natural habitat.

In mid-August, work began to remove rocks in the waterway and drain any remaining water. Prompt completion of the repairs will depend on continued dry weather.

No additional information was provided by UBCPT when asked about the delays.

UNA officials told The Campus Resident that UBCPT is initially responsible for the building of infrastructure and other features in the university neighbourhoods.

Once the UNA is confident that all problems and troubleshooting has been resolved and that the feature is in good working order, the asset is then formally transferred to the UNA for management.

ROBYN STARKEY IS A WESBROOK PLACE RESIDENT AND A MEMBER OF THE CAMPUS RESIDENT NEWSPAPER EDITORIAL COMMITTEE.



Repair work underway on the Webber Lane Waterway. (Photo: Warren Caragata)

Mojdehi Resigns from UNA Board of Directors

Board yet to decide how vacancy will be filled.

BY ARIJIT JOSHI

Ali Mojdehi has resigned as a director of the University Neighborhoods Association (UNA) after 18 months on the board.

His resignation was made public July 18 at the UNA’s monthly board of directors meeting.

UNA’s communications manager Glenda Ollero said the board has not decided how it will fill the vacancy. The matter will be dealt with at an upcoming board meeting in either late September or October, she said.

Mojdehi said a desire to be closer to family led him to move away from the UBC campus. UNA rules require that board members live within the university neighbourhoods.

Looking back, Mojdehi said he was encouraged by a few people to run for a position on the board and was surprised when he was elected.

His contributions to the UNA extended beyond his role as a director.

Mojdehi co-chaired the UNA finance commit-

tee and was also a member of the community engagement advisory committee, which works with the board to increase resident engagement.

If asked, he said he would be willing to offer advice and guidance to those seeking leadership roles within the UNA.

ARIJIT JOSHI IS A FIRST-YEAR STUDENT IN THE MASTER’S DEGREE PROGRAM IN JOURNALISM AT UBC.



Ali Mojdehi stepped down from the UNA board of directors recently after moving away from the university neighbourhoods.



Notice of AGM 2023

Please be advised that the **2023 Annual General Meeting (AGM)** of the University Neighbourhoods Association (UNA) will be in-person and will take place on **Wednesday, September 27, 2023** at 7 p.m. at the Wesbrook Community Centre, located at 3335 Webber Lane.

Members can vote in person or by proxy. The meeting agendas and process for voting are outlined in the notice sent to UNA Society Members by email and published on the UNA website. For more information, visit myuna.ca/agm.

If you would like to learn more about becoming a UNA Society Member, please visit myuna.ca/society.

Changes are coming this fall to The Old Barn Community Centre in Hawthorn Place.

The University Neighbourhoods Association (UNA) is renovating the centre to give it a new roof, new furnishings and equipment. The centre now houses a fitness centre, social spaces and meeting rooms, and Bean Around the World—arguably one of the best spots on campus to grab a coffee.

The Old Barn has a long history on campus. It sits on the former site of the Old Horse Barn, built in 1920 and torn down in 2003 because its structure was compromised beyond repair.

After the Old Horse Barn was torn down, the UNA opened a community centre in its place and on Sept. 8, 2007, the Old Barn Community Centre opened its doors. The barn is owned by UBC and leased to the UNA.

Replacing the cedar shingle roof is the biggest project and carries the biggest price tag at \$165,000. An inspection found the roof in poor condition and vulnerable to leaking, although there have been no leaks so far, UNA staff said. Replacement work should take three to four weeks

The upstairs meeting rooms get new

Old Barn To Receive Makeover

Community centre to undergo renovations budgeted at nearly \$300,000.

BY AMIE BERNAERDT



The Old Barn, pictured here in 2002 when it was known as the Old Horse Barn. (Photo: Robert Jordan)



The Old Barn Community Centre will soon begin a makeover, including a new roof, furnishings and equipment. (Photo: UNA)

equipment will include a rowing machine, two treadmills, bikes, and a SkiErg machine that imitates cross-country skiing. The centre is also getting new fitness programs including yoga and Bootcamp.

The centre is expected to be closed from Sept. 26 to Oct. 6. While the changes are made, members will have their memberships honoured at the Westbrook fitness centre.

The Living Room will get updated furniture, a fresh coat of paint, and a different layout so the space can be used more effectively. The cost is budgeted at \$47,000, and the space will be closed from Sept. 4 to Sept. 15.

During renovations, general access to the community centre will be maintained, although there may be disruptions.

The renovations will ensure that the Old Barn Community Centre meets the needs of a growing community, the UNA says, so it can remain an inviting gathering space and an integral part of the UBC community.

AMIE BERNAERDT IS

A SECOND-YEAR STUDENT AT UBC WITH PLANS TO MAJOR IN CREATIVE WRITING OR ANTHROPOLOGY. SHE LIVES IN WESTBROOK PLACE.

A/V equipment at a cost of \$35,000 to cover a new projector, projector screen, a Blu-ray player and ancillary equipment. The work is expected to be completed in about

a week and is planned for October.

The fitness centre is getting a change in room layout and new equipment at a budgeted cost of \$50,000. The new

Resident Helping Family Flee Terror

Family from Afghanistan facing Taliban threats receiving support from local organization to seek refuge in Canada.

BY EMMANUEL SAMOGLU, MANAGING EDITOR

A university neighbourhoods resident is playing a leading role in efforts to help a family immigrate to Canada after facing persecution in Afghanistan.

Claire Robson is the coordinator of Rainbow Bridge, which has been raising funds to help the family continue their escape from Afghanistan and make Canada their new home.

The family, which includes a mother and her six children, have been targeted by the Taliban due to their promotion of the rights of women and girls, Robson said.

The Taliban—which seized power in 2021 after the withdrawal of U.S. troops—has faced widespread criticism for placing limits on the schooling available to girls and threats against LGBTQ Afghanis.

Rainbow Bridge is part of a Vancouver-based organization called Rainbow Refugee, whose mission is to support refugees “seeking protection from persecution for sexual orientation, HIV status, and gender identity or expression.”

Robson said the group has sponsored the family, of which one member identifies as LGBTQ.

The family has escaped Afghanistan and is now in a different country, which Robson said is not receptive to refugees.

She said immigration paperwork has been submitted to the Canadian government. While they wait for a response, Rainbow Bridge’s work continues.

“Money is the big thing right now,” she said.

The group estimates they’ll need \$120,000 to complete the paperwork, find housing, provide food for the entire family for a year, and cover other expenses.

“This is the biggest family that we’ve ever brought here, so it’s a challenge. This is a huge amount of work,” she said.

“We’re small, we’re resilient people. Most of us have some background in organizing. But you know, \$120,000 is daunting.”

The group has found the family a doctor, furniture for their new home, and providers for trauma counselling and English lessons. However, more money is needed.

Fundraisers and the generosity of donors have allowed them to raise \$80,000 so far—two thirds of the goal.

A recent fundraiser received support from Urban Fare, located in Lelem Village in the UBC Endowment Lands. The supermarket provided water and beverages at a fundraiser attended by roughly 300 people.

“That was really way above what we had expected—that gave us a big boost,” Robson said.

To help meet their fundraising goal, they have a few events planned, including an upcoming “Drag Queen Bingo” at the Russian Hall in east Vancouver on Oct. 28.

One of the biggest expenses will be housing.

“Can you imagine finding housing for a family of seven in Vancouver?” Robson said. “You know, it’s tempting to

rush and find a place now, however, we don’t know where they want to live. We have to give the family agency.”

Robson’s group has been fortunate to have met the family online. To prepare for those chats, Robson said her group

discussed what would be appropriate things to ask as they didn’t want to make assumptions or appear insensitive.

Those discussions have given the group plenty of insight about the family and have guided their work.

“One of the things we thought is we wanted to engage the kids. We didn’t want to have them left out,” she said.

“We got to say hi to each of the kids, and one of the questions we asked was, what are you looking forward to when you come to Canada, thinking that they might say snow or freedom or, you know, not having to worry about being killed.”

“Continuing the fight for the rights of women and girls,” was the response from one child, Robson said.

To support Rainbow Bridge and learn more about their upcoming fundraisers, contact Claire Robson at clairerobson@shaw.ca.

To help meet their fundraising goal, they have a few events planned, including an upcoming “Drag Queen Bingo” at the Russian Hall in east Vancouver on October 28.



University neighbourhoods resident and Rainbow Bridge coordinator Claire Robson. (Photo: Emmanuel Samoglou)

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MANAGING EDITOR, EMMANUEL SAMOGLOU
DESIGN AND PRODUCTION, REBECCA IND

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FEI LIU, UNA DIRECTOR
WARREN CARAGATA, UNA RESIDENT MEMBER
ROBYN STARKEY, UNA RESIDENT MEMBER
VIVIAN SU, UNA RESIDENT MEMBER
SOFIA NGIENG, UNA RESIDENT MEMBER
JENNIFER CHEN, UNA RESIDENT MEMBER

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We acknowledge that The Campus Resident is published on the ancestral, unceded territories of the xʷməθkʷəy̓əm (Musqueam), skwxwú7mesh (Squamish) and selilwitulh (Tsleil-Waututh) nations.

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A MESSAGE FROM THE UNA CHAIR

BY RICHARD WATSON

I am thrilled to welcome you to the inaugural issue of the Campus Resident. As one of your elected directors and chair of the UNA board, I am gratified to have a community newspaper up and running again.

A good community newspaper helps us connect with each other and provides space to communicate local information. Most of all, it offers a platform for a multitude of voices in the community.

The UNA has evolved rapidly in recent years and resident voices have not always been effectively heard. Join me in celebrating this moment where we again have a local newspaper to hear those voices.

For the past year, the board has pursued the idea of re-creating this newspaper out of the desire to strengthen our bonds, showcase our achievements, and address the challenges we face on a platform that upholds high journalistic standards of truth, accuracy and objectivity.

We acknowledge the need for diverse opinions as well and hope that The Campus Resident will foster communication, collaboration, and a sense of belonging among all residents.

In this first issue, you will find an array of articles that reflect the vibrant spirit of our community. Our talented team of writers and contributors have worked hard to bring you stories that matter, from local events and initiatives to profiles of inspiring individuals who are making a difference in our neighbourhood.

I would like to take a moment to share some of the key UNA values that are expressed in its strategic plan and that I hope will be part of this newspaper:

1. Service Oriented – The UNA anticipates and responds to the needs of all residents, regardless of their background, beliefs, or affiliations.
2. Engaging – The UNA seeks ways to engage all groups in the community, working to eliminate language, access, technological and other barriers in order to promote and facilitate connection. Engagement is empowerment.
3. Committed to Reconciliation – The UNA recognizes the importance of reconciliation with the Musqueam people on whose traditional territory the university neighbourhoods are situated.

4. Inclusive and Responsible – In its decision-making, service provision, use of resources and interactions with the community, the UNA recognizes its responsibility to honour and respect all cultures, accommodate a diversity of social groups and individuals, protect the natural environment, and work within financial limits.
5. Open and Transparent – The UNA welcomes new ideas from everyone. Commitment to the principle of transparency is paramount and open collaboration is the key to success. I hope the newspaper will embrace openness and transparency to hold the UNA itself as well as stakeholders accountable to our community.

As we move forward, I invite you all to join us in shaping the future of the UNA with one more value in mind: common civility. In a diverse community like ours, there will always be disagreements about what is relevant and important. However, one thing I hope you agree we all can do is express ourselves with tolerance and compassion towards each other.

In closing, a big thank you goes out to everyone who has supported us in bringing this newspaper to life. To my fellow directors and members of the board, the newspaper editorial committee, writers, editors, and designers, your passion and commitment is inspiring. To all UNA staff, your support has been invaluable in making this project a reality. And most importantly, to our readers, thank you for welcoming us into your homes and hearts.

I hope that The Campus Resident will become an essential part of our lives and a testament to the power of community. 🌿

RICHARD WATSON IS A UNA ELECTED DIRECTOR AND BOARD CHAIR.



Richard Watson

The Campus Resident is produced by UNA staff and a Newspaper Editorial Committee appointed by the UNA Board of Directors. The committee—comprised of five residents and two UNA board members—ensures the publication of the newspaper is carried out in accordance with the principles set out in the newspaper’s terms of reference, including accuracy, objectivity, balance, and editorial independence. Current committee members are:

EAGLE GLASSHEIM

Eagle lives in Wesbrook with two reclusive teenagers, a dog and cat constantly at odds, and a partner who gardens passionately. He teaches history at UBC and serves on the board of the UNA. He has written articles on several topics and is cautiously optimistic about the future of community journalism.

FEI LIU

Fei, a non-profit professional, relocated from China a decade ago. In Canada, she earned master’s in adult education. She’s a member of the parent advisory council at Norma Rose Point school and a UNA director. She and her husband are devoted to their two kids, two cats, and the community.

WARREN CARAGATA

Warren is an editorial consultant specializing in international development and has worked for Asiaweek, Maclean’s and Canadian Press. His love for politics has taken him to the Soviet Union, Indonesia, the Philippines and Myanmar. He and his partner happily escaped Ottawa winters a few years ago for life in Vancouver.

ROBYN STARKEY

As a Wesbrook Village resident, Robyn cultivates a rather naughty garden. She has surreptitiously trimmed crocosmias, repeatedly had her mint privileges revoked, and grown hollyhocks taller than most children. She can be seen with her cat Mr. Knightley, who chews on tree branches and forgets what apartment he lives in.

VIVIAN SU

Vivian is a video documentary editor, director, and producer who worked as a volunteer community news producer for Shaw Spotlight in Victoria from 2014-2019. She is an executive member of University Hill Secondary School’s parent advisory council and community volunteer. She enjoys the campus resident lifestyle with her husband and two daughters in this multicultural and caring community.

SOFIA NGIENG

Sofia recently graduated with an undergraduate degree in political science

from UBC and is continuing her education by pursuing her master’s in political science at UBC. Sofia enjoys walking around the neighbourhood with her dog, Tanner.

JENNIFER CHEN

An avid world traveler and proud mother of two, Jennifer holds a master’s in fine arts from Dalhousie University and has worked as an international business executive for over 20 years while writing for various magazines. She enjoys walking in Pacific Spirit Park with her children while they chat about life and poetry. 🌿



THE CAMPUS
RESIDENT

The Campus Resident values a diversity of voices and views.

Submit your letter to the editor to:
editor@thecampusresident.ca

A Relaunch Welcome from a Neighbourly Premier

BY DAVID EBY

Hi! My name is David Eby and I'm the MLA (provincial government representative) for our community here at UBC, and I'm also the premier of the province. I'm so happy that The Campus Resident Newspaper is back up and publishing.

For 12 years John Tompkins, the late publisher and editor of our community newspaper, was the newspaper personified. He worked hard to ensure there was interesting content, and that the paper got published regularly to help keep our growing community up-to-date and informed.

It was hard work but hugely appreciated by everyone in the neighbourhood. I still miss seeing him out and about in downtown Wesbrook Village with his son.

When John passed away, the newspaper did too. But now, thanks to the vision of the UNA board of directors and the efforts of many volunteers, The Campus Resident is back. I hope it's here to stay.

Community newspapers give you a chance to read about local news and events. It's coverage you won't see anywhere else. They can also give local businesses and non-profits a chance to send a message to the people most likely to be interested in what they're up to.

As community members, the newspaper gives a platform to talk about the issues you care about and issues you hope your neighbours do too.

And as your MLA, it's a chance for me to read the views of constituents directly.

If you're interested in official government policy updates from me as MLA, send an email to my office at David.eby@MLA.leg.bc.ca to subscribe to my newsletter.

But if you're interested in what I'm interested in as your neighbour in our shared community, you can check out the article on page 9—it's about some of the new restaurants opening downtown. As important as a national newspaper is, good luck finding that news in the Globe and Mail!

Congratulations to everyone involved in publishing The Campus Resident—we're so glad you're back! John would be proud. 🍀

DAVID EBY AND HIS FAMILY ARE WESBROOK RESIDENTS. HE IS ALSO THE B.C. PREMIER.

“Congratulations to everyone involved in publishing The Campus Resident—we’re so glad you’re back! John would be proud.”



UNA Resident and B.C. Premier David Eby.

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WESBROOK VILLAGE
DENTAL CENTRE



A One-of-a-kind Treasure

Community Market is the only multi-vendor farmers’ market in Vancouver on a working farm .

BY ROBYN STARKEY & OLIVIA HAILAIJIAO
(PHOTOS: VIVIAN SU)

It’s not every time we get to enjoy live music while grocery shopping. Down at the UBC Farm on Saturdays through June to September, buskers come to the market from all over to perform from 10 a.m.–2 p.m. On a recent Saturday, Barb Fraser and Dennis Henderson—who make up the Fraser-Henderson acoustic, electric folk-pop duo—were playing. Barb and Dennis said one of their favourite things to see at the market is the families visiting and shopping with young children and dogs running around having fun. There’s also, they said, the kindness and generosity of the vendors.

Pierce Pimiskern, the farm’s sales manager, said he wants community members to know that this is the only multi-vendor farmer’s market in Vancouver on a working farm. The market brings together coffee stands and food trucks and dozens of vendors selling local fruits, vegetables, meats, baked goods, beverages, mushrooms, alcohol, treats, crafts and prepared foods. And, of course, the farm’s own certified-organic, farm-fresh produce, fruits, and herbs.

The UBC Farm Market is also open Tuesday evening from 4–6 p.m. through Oct. 31. But this year, there’s also a Wednesday market from 11 a.m. to 2 p.m. in front of the UBC Bookstore offering students, staff and faculty a convenient opportunity to buy produce grown on the farm.

On Aug. 5, students from the UBC Land and Food Systems Farm Practi-



Justin Dupas shopping with his son.



Electric folk-pop duo Barb Fraser and Dennis Henderson at the UBC Farm market.



The certified organic, farm-fresh produce from the UBC Farm.

cum had produce for sale at their first stand of the season. The practicum is a six-month program that lasts through the growing season and offers an experiential learning opportunity growing and producing food. A variety of produce was on sale including zucchini flowers, leafy greens, turnips and tomatoes.

The students were also selling preserves and pickles made from vegetables they had grown, including pickled beets. “We are particularly proud of that project,” said Liam, one of the students. The practicum is an open program and takes applications once a year; applications for the 2024 program will open in September. For more information see ubcfarm.ubc.ca/learn/practicum/.

Justin Dupas, a father shopping with his son, said he comes at least once a week. “I love to bring my son walking and shopping here,” he said. He said he also enjoys the music. 🍃

ROBYN STARKEY IS A WESBROOK PLACE RESIDENT AND MEMBER OF THE NEWSPAPER EDITORIAL COMMITTEE. OLIVIA HAILAIJIAO IS A STUDENT AT UNIVERSITY HILL SECONDARY SCHOOL.



Practicum students from UBC’s faculty of Land and Food Systems Farm and their products

UBC FARM MARKET

MULTI-VENDOR MARKET

Saturdays
10 a.m. – 2 p.m.,
June 3 through Nov. 25

Location: UBC Farm, 3461 Ross Drive in Wesbrook

TUESDAY EVENING MARKET

Tuesdays
4 p.m. – 6 p.m.,
June 6 through Oct. 31

Location: UBC Farm, 3461 Ross Drive in Wesbrook

WEDNESDAY BOOKSTORE MARKET

Wednesdays
11 a.m. – 2 p.m.
June 7 through Oct. 25

Location: Outside the UBC Bookstore

Japanese-Inspired Bakery Adds to Diverse Flavours at UBC Market



Bowie (L) and Fumie Meguro, the duo behind Burnaby-based Ef & Be Bakehouse. (Photo: Supplied)

BY ELINA HAILAIJIAO

At the UBC Farm Farmers’ Market, there are so many varieties of vendors, each with their own backstory and their own special products to sell: fresh fruit, ice-cream, food-stuffs, pottery, plants, and so many homemade wonders.

One day in early August, one stand gave me a fresh new perspective on baking. Each item was made with heart, passion, and hard work. Of course, every baker puts their love into each pastry and loaf of bread, but the tastes from Ef & Be Bakehouse were something special. And they were delicious.

I normally don’t eat baked goods. It’s not that I don’t like them, but I am sure glad I chose to on this day because I was able to discover the delicious flavours of Japanese baked goods.

Bowie, along with her business partner and friend Fumie Meguro, started Burnaby-based Ef & Be Bakehouse four years ago.

“When I met Fumie, I could already tell that she was an amazing baker,” said Bowie, who goes by only one name.

As their online business slowed down after the pandemic, they were happy to continue selling their baked goods with everyone at the market. They also participate in other farmers markets around Metro Vancouver.

Bowie’s favourite item and her best seller is the beef curry pan—pan being the Japanese word for bread. She says the house-made curry uses a secret recipe from Fumie and it’s special because instead of using ground beef it has beef chunks to add texture. They coat the beef chunks with breadcrumbs and fry them to perfection. Personally, I like the matcha mochi melon pan.

Overall, the place is a highly recommended if you like baked items. If you want to find out more about Ef & Be Bakehouse, here’s the link: www.efnbe.com/aboutus. 🍃

ELINA HAILAIJIAO IS A STUDENT AT UNIVERSITY HILL ELEMENTARY SCHOOL

John Tompkins, former editor of *The Campus Resident*, was a believer in local newspapers. In this piece, *UNA* director Bill Holmes pays tribute to a pioneer of journalism in the university neighbourhoods.

BY BILL HOLMES

With the relaunch of *The Campus Resident*, it is fitting to remember the paper's longtime editor and publisher, John Tompkins. John died Jan. 29, 2022.

John started *The Campus Resident* in May 2010, in partnership with the University Neighbourhoods Association (UNA). The paper was published monthly for most of its existence and delivered by Canada Post to every household in UBC neighbourhoods. Until 2017, it was also delivered in the University Endowment Lands and nearby Vancouver communities.

The paper described John's role as editor and business manager. That was an understatement. John was responsible for all aspects of the paper. He solicited and edited articles, and handled the design, printing, and distribution of the paper.

He was also the paper's reporter. He was diligent in carrying out that role, faithfully attending UNA board meetings, UNA annual general meetings, and community events such as Lunar New Year. He would sit quietly, observing the proceedings and watching out for stories.

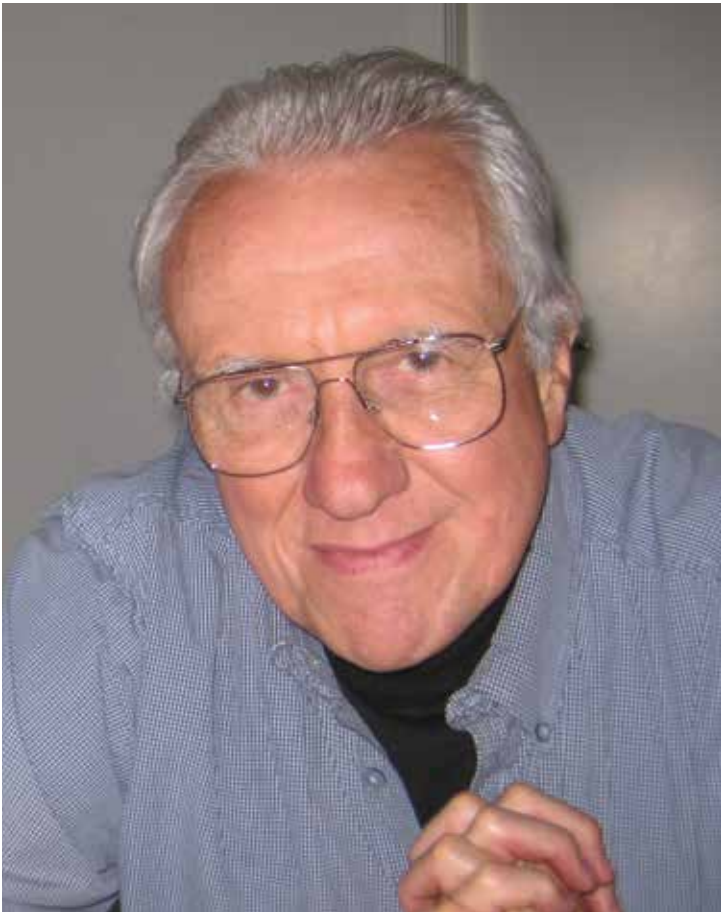
John provided an invaluable service to the UBC neighbourhoods. *The Campus Resident* informed us of local issues and events, helping to create a greater sense of community and making us feel more connected.

It also provided a forum for residents to express views and debate issues, a role for the paper that particularly pleased John. Even though the paper was funded by the UNA (in part from advertising revenue), John was a stickler for maintaining its independence. The high regard that UBC residents had for *The Campus Resident*

was evident by the outcry and the letters of appreciation John received when, in 2017, the UNA temporarily suspended the newspaper. The paper was reinstated in 2018.

John gained his experience in the newspaper business in the 1970s as a reporter for the *Edmonton Journal* and the *Edmonton Sun*. After a few years, he moved on to the business world, where he worked in public relations for several corporate startups, using his persuasive speaking and writing skills.

Remembering John Tompkins



eventually include the University Endowment Lands and nearby Vancouver communities.

In May 2007, John changed the paper's name to *The Hampton Journal*, under which name it was published to June 2008. The first issue of *The Hampton Journal* had a circulation of 18,000. From its outset as the *V6T Community News*, the paper was funded solely by advertising and had no connection with the UNA.

For a brief period in 2009, John published *The Wesbrook Journal*. This was as much a marketing piece for Wesbrook Place as a community newspaper.

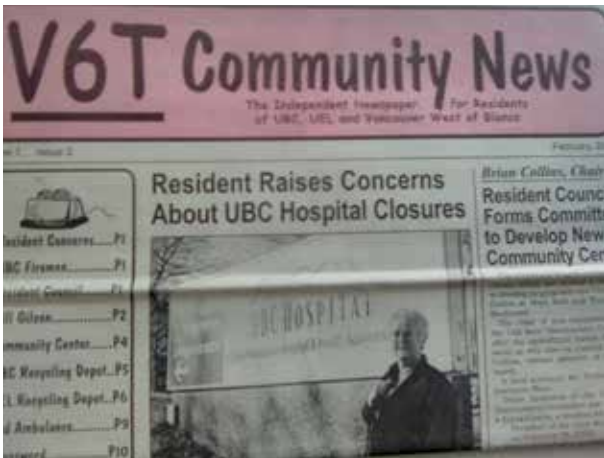
In 2010, the UNA decided to introduce a monthly community newspaper to replace a UNA newsletter. Given his experience, John was the obvious person to take on the venture.

Fortunately, when approached by the UNA, he agreed, and *The Campus Resident* was born, with its first issue published in May 2010. The Dec. 20, 2021 issue was the last, appearing just days before John went into hospital.

I was a frequent contributor to the paper and so came to know John. One day at lunch, we discovered our paths had once crossed. In my last year of high school on Vancouver Island, he was a new teacher at the school. That was 1968–69, two years after he had immigrated to Canada from the U.K. Among the courses John taught was Physics 12 (he had a B.Sc. in physics).

Although I took that course, I was in a different section, so just missed having him as a teacher for the only year he was at the school. After I discovered this connection, John was invited to join lunches with a few students who had been at the school during his year and a former teacher who had been his fishing buddy.

John believed in the power and importance of a community newspaper. His dedication and commitment to serving the UBC community for nearly 20 years were remarkable. 🍃



Previous editions of *The Campus Resident* and earlier newspapers published by John Tompkins, including *The Hampton Journal*, *V6T Community News*, and *The Wesbrook Journal*.





Breathtaking Views off the Beaten Track



(Photo: Jane Kang)

BY JANE KANG

Wesbrook resident Jane Kang discovers Vancouver has numerous off-roading trails on offer for adventure seekers.

Off-roading refers to the activity of driving a vehicle on rough terrain and taking adventurous journeys off public roads.

If you haven't tried it, Vancouver has many places where off-roading adventures are not far away and where you can immerse yourself in stunning scenery, surrounded by snow-capped mountains and forested lakes.

My group of friends and I left UBC in the morning and shortly after we arrived in Squamish, where we took a small road heading north toward Brackendale.

We passed by Eagle Run Vista Point, where thousands of eagles gather in late fall and early winter.

We then continued on a gravel road into a logging area. On one side was a creek sourced from melting snow or glaciers displaying a mineral-rich green color.

As we proceeded, the slope became ever steeper as we climbed the mountain. The road was not much more than a steep gravel path, and as the elevation increased, we needed to not only keep the steering wheel steady but closely control our speed.

Going too fast would make the Jeep difficult to control; going too slow would prevent us from climbing the slope. Halfway up the mountain, we encountered a van parked on the side of the road with no one inside. Perhaps the passengers had gone for a hike. It did seem quite adventurous to drive a vehicle like that far up the mountain.

As we continued driving uphill, we came across seven or eight hikers. We stopped to say hello—a back-country courtesy.

Looking down from halfway up the mountain provided a wonderful panoramic view. A winding creek flowed among the green trees in a valley surrounded by mountains. As our vehicle bounced along, I looked down from the cliff, seeing the meandering river and its sandbanks, which were shielded by the shade of trees.

The entire mountain basin became warm and peaceful under the embrace of the surrounding peaks. When we took a short break, air on the mountaintop was cool and fragrant. The nearby mountains appeared close at hand but were in fact quite far away. The cliff edges seemed bottomless, while the mountains were covered lush forest.

The older trees displayed their vitality while new shrubs presented vibrant green colors. The mountains on the opposite side were covered in snow, and this year it seemed there was more snow than usual. Birds flew easily to mountaintops that people have struggled to reach.

Jumping back into the car, a wide ditch blocked the road ahead. Our off-road vehicle's front wheels dipped into the ditch, followed by the left rear wheel. As the front wheels climbed out of the ditch, I could feel the rear right wheel hanging in the air as it entered the ditch.

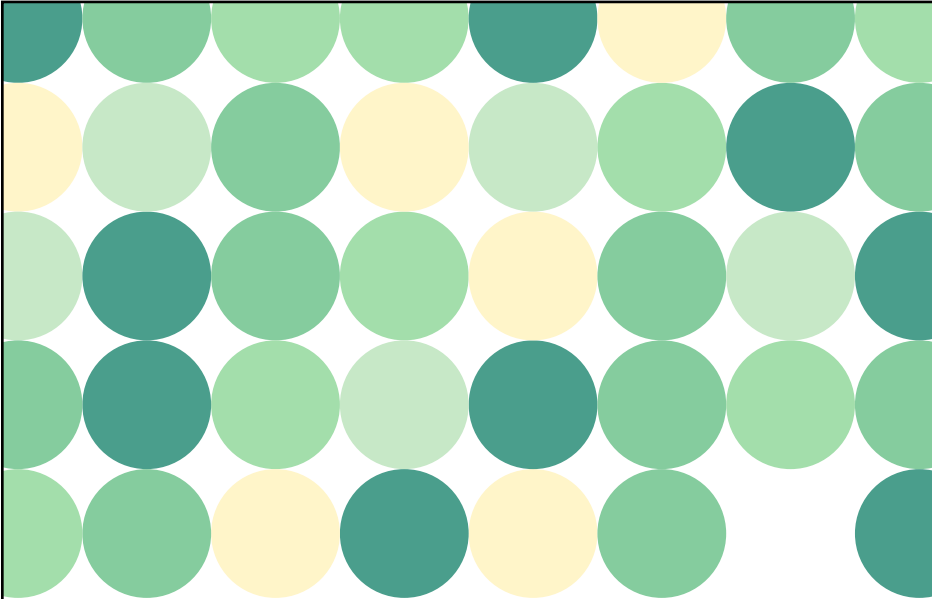
There was a momentary sense of lost equilibrium but then we successfully climbed out. But as we left the ditch behind, three motorcycles came speeding by, kicking up a cloud of dust. Before we could even see the riders clearly, they had crossed the deep ditch and disappeared into the distance.

Taking a right turn on the return journey led to a lake, and after crossing several wooden bridges we stopped by a waterfall with a wooden bridge across a steep gorge. The water cascaded over rocky shoals on one side that turned into a roaring torrent on the other, before thundering into the gorge below. From the bridge, we couldn't see the bottom of the gorge.

After descending, we marked the map and shared details of our route.

We'll be back, but other off-road adventures await, with many unknown scenic views ahead.

JANE KANG SITS ON THE UNA BOARD OF DIRECTORS



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Visit myuna.ca/society for more information.

* Membership is not automatic when you sign up for a UNA Account or UNA Card – residents must opt-in and proof of address is required.



All Abuzz about Pizza, Nachos, and Pulled Pork



The patio of Nicli Antica Pizzeria, which held its soft opening in late July this year. (Photo: Warren Caragata)

BY DAVID EBY

One of the best parts of Wesbrook Village is that it is actually pretty much like a village.

Similar to real village life (or how I imagine real village life is anyway), the arrival of a new restaurant in town is a big deal.

This summer at least one Wesbrook villager (me) is abuzz with what not one, not two, but three new restaurants open or set to open.

Since writing this piece, both Nicli Pizza and SI Clubhouse have opened. I can report that both are delicious, and the staff are friendly and welcoming.

NICLI ANTICA PIZZERIA, 3339 SHRUM LANE
WWW.NICLIPIZZERIA.COM

Nicli has taken over the old Virtuous Pie space to the chagrin of many vegans.

Before its late-July opening, my careful observation revealed an upgrade of the pizza oven, some interior design changes, and an increasingly high possibility of mozzarella not made out of cashews.

According to whoever wrote the website, they’ve got a sister shop open on the North Shore, and the focus is on authentic Italian family pizza. The menu has gluten free and veggie options, so there looks to be something for everyone.

SPORTS ILLUSTRATED CLUBHOUSE, 3340 SHRUM LANE

Across the street from Nicli, you’ll see the wreckage of what used to be our family go-to restaurant, Biercraft, which has undergone a total overhaul.

The Biercraft on Cambie closed in December, and our Wesbrook Biercraft closed May 1. With this near-complete retirement of the Biercraft brand, the whole adult male population of my family was wondering what would come next.

Now we know. Biercraft has become Sports Illustrated Clubhouse.

I have been unable to find any reference—worldwide—to a restaurant called Sports Illustrated Clubhouse. We seem to be the first. Mostly what I remember as a youth from Sports Illustrated was the swimsuit edition, so I have far more questions than answers, including about what we should wear to get fed.

I can tell you this: For nachos, I’m prepared to swim up to the bar to get them. SI Clubhouse has not one, but two kinds of nachos and swimwear is not required. Great news for our neighbourhoods!

BIG STAR SANDWICH, 3317 WESBROOK MALL
BIGSTARSANDWICH.COM

Across from the Vancity credit union is a storefront covered in brown paper promising a new Big Star Sandwich restaurant. Indicating that they produce the Best Darn Sandwich You’ve Ever Had (a menu edit needed to remove what our family calls “rough language”), Big Star’s website says it already has seven locations across the Lower Mainland. Wesbrook will be location number 8.

Simon, who I work with, has eaten there and says the sandwiches are a touch spendy but worth the price—they’re awesome. The online menu shows pictures of a variety of deli-style sandwiches and sandwich bowls that are made to order, from veggie to pulled pork to roast beef.

There doesn’t seem to be as much construction activity at the Big Star, but the papered-up exterior may be concealing a hive of activity inside. We’ll watch and wait—impatiently!

Delicious? Magic 8-Ball says: “It is certain.” 🎱

DAVID EBY AND HIS FAMILY ARE WESBROOK RESIDENTS WHO ENJOY VILLAGE LIFE. HE IS THE MLA FOR VANCOUVER-POINT GREY AND THE PREMIER OF B.C.



Sports Illustrated Clubhouse, located in Wesbrook Village at Norman Mackenzie Square. The new restaurant opened in mid-August after months of renovations. (Photo: Emmanuel Samoglou)



Big Star Sandwich on Wesbrook Mall. (Photo: Emmanuel Samoglou)

“One of the best parts of Wesbrook Village is that it is actually pretty much like a village. Similar to real village life (or how I imagine real village life is anyway), the arrival of a new restaurant in town is a big deal.”

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Tiny Minds, Big Questions: Why We Study the Infant Brain

UBC Research looks into how our thinking skills evolve with age, allowing us to become smart.

BY OLA DOPIERALA

In the grand story of life, let's focus on a fascinating chapter: babies growing up. Imagine a newborn, wide-eyed and curious, exploring a world full of mysteries. That baby's brain is like a map waiting to be filled with connections, shaping its journey ahead. And guess what? In just three years, something amazing happens—that tiny bundle becomes a walking, talking explorer.

What's truly mind-boggling is how quickly this transformation happens. From conception to around three years old, a baby's brain changes a lot. When they're born, they already have almost all the brain cells they'll ever need. During the first year, their brain doubles in size, and by the third year, it's almost 80 percent as big as an adult's brain.

But there's more to it than just size. Brain development is linked with how we think and learn. For instance, the cerebellum, a special part of the brain that controls movement, gets three times bigger in the first year. This helps babies learn skills like crawling and grabbing things. Think of the brain like a conductor guiding the baby through important moments, like recognizing faces and getting ready to talk and think about big ideas.

Now, you might wonder, why do we bother studying baby brains? Curiosity. Unravelling the secrets of these young minds is like uncovering the blueprint of how we become smart. And here's the twist—comparing baby and grown-up brains helps us solve the puzzle. Babies can't follow complicated instructions, so they give us a peek into how our thinking skills begin. Using fancy neuroimaging tools, we can peek into their brains like following a treasure map. This helps us understand how our minds grow.

One thing is crystal clear: our brains

are like clay, shaped over time. This shaping starts even before we're born and continues as we grow. Our experiences, like brushstrokes on a canvas, create a strong base. This foundation stays with us, influencing how we learn, stay healthy, and act.

At UBC, we're fortunate to host an initiative that delves deep into this fascinating world of development—the Early Development Research Group. Think of it as a squad of seven sister centres, each with a unique focus, from language and learning to moral development. Impressive, right? These centres are our treasure troves of insight, helping us uncover the secrets of growth, all while keeping the vibe light and inquisitive.

From the hidden connections in the brain to the

blossoming of thinking skills, baby brains are full of potential. Our goal is to uncover what typical brain development looks like so we can help babies who might face challenges.

We want to understand how brains grow and change, both in terms of how different brain parts do special jobs and

how our smarts develop. It's like going on a thrilling adventure to solve the puzzle of baby brains, paving the way for a bright future for generations to come.

So as we unlock the mysteries of brain development, we are weaving a story of hope and possibility.

OLA DOPIERALA IS A POSTDOCTORAL RESEARCH FELLOW WITH THE FACULTY OF ARTS, DEPARTMENT OF PSYCHOLOGY, UBC.



A baby under study by UBC's Early Development Research Group. (Photo: Courtesy UBC's Early Development Research Group)



During a baby's first year, its brain doubles in size, and by the third year it's almost 80 per cent as big as an adult's brain.

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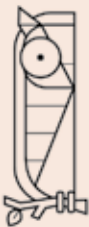
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New School Year, New Challenges

BY ANNE ZHANG

As the school year begins, students, parents, and teachers are looking forward to a new year of learning.

With nearly all COVID-19 policies gone, students can now dive into more activities than ever. But, with this comes

many common challenges, as adapting to a hectic schedule can be more stressful than some may imagine.

“I think a large part of returning to school is just trying to get back into the gist of things,” says Ann Wang, a Grade 11 student. “I’ll need to build my work

habits back after the summer.”

This could prove true for many teens, as difficult academic courses pile up. Aside from heavy course loads, students may take up sports or other commitments. That can lead to organizational and scheduling challenges in main-

taining a healthy routine. A simple way to do this is to set small goals and use tools like calendars and schedules to stay on top of assignments.

After hearing from secondary students across Vancouver, including the university neighbourhoods, the Vancouver School Board decided to keep schools on the semester system. The board also increased Flexible Instructional Time to 160 minutes a week from 100 minutes.

That is intended to give students more time to study, meet with teachers or work on projects individually or with other students. Flexible Instructional Time hopefully offers support and enrichment and another way to aid with coursework.

As free time dwindles away, the time allotted to be with friends outside of school also decreases, which is where another challenge arises.

“I’m worried about who’s going to be in my class, how many friends I’ll have in each class, if at all,” Amelia Chu, a Grade 10 student, says.

“Also, it’s going to be more difficult to meet up with people outside of school because all our activities are different and take up time.”

So, how can one find time to build a healthy social life?

One way is to find common activities that makes sure friends can see each other regularly. Another solution could be to set aside one day a week with limited commitments to provide time to relax or socialize.

The start of school places a similar stress on teachers and professors as well, says Yi Qian, a UBC associate professor.

“For me, a new school year means



With the onset of the new school year and the end of the summer break, students and educators must adapt to a busier lifestyle.

a new beginning, and a new wave of students,” she says. “A main part of the start of school as a professor is trying to finish research before the teaching begins to be able to better manage a healthy work-life balance.”

The start of school presents challenges. It can be a rough transition, but with the right preparation and resources, it can be an experience to look forward to.

ANNE ZHANG IS A GRADE 11 STUDENT AT PRINCE OF WALES MINI SCHOOL AND LIVES IN HAMPTON PLACE.

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Music In The Park Brings Good Vibes



Community members enjoying the entertainment at the UNA's Music in the Park event on Aug. 17.
(Photo: Olivia Hailaijiao)

BY OLIVIA HAILAIJIAO

Community members gathered in the sun Aug. 17 at Jim Taylor Park near the Old Barn to listen to music and enjoy a BBQ at the Music in the Park event organized by the University Neighbourhood Association (UNA).

The community concert has been held often over the years. COVID-19 put a break on things but for the last two years, it's made a comeback.

UNA Connected Community Coordinator Elias Rieger, with help from many others, worked to find the right artists and organize the event.

The community engagement advisory council provided food and drinks, selling tickets for a dollar an item.

There were six performers varying from singers to instrumental shows with saxophones, clarinets, guitars, and even saws.

Four performers were campus residents. Many have performed at different pop-up locations, and one is a frequent busker on Granville Island. Many genres were covered, but one common factor was the positive effect the music had on everyone there, from young to old.

My family and I sat on the grass along with many others under the shade trees. Chairs and tables were set up further back and the musicians performed at the top of the grassy hill, away from the blaze of the sun. Families set up blankets and tents, and many brought food.

Kids ran around, blowing bubbles, racing to the playground, and listened to the music. Two little girls even set up a lemonade stand.

OLIVIA HAILAIJIAO IS A STUDENT AT UNIVERSITY HILL SECONDARY SCHOOL.

People Dislike AI Art Because it Threatens Their Humanity: Study

BY UBC NEWS

Writing, photography, art and music generated by AI has been skyrocketing in popularity, but that surging success has also triggered an enormous backlash, with many rejecting AI art — and even asserting that its proliferation marks the beginning of the end for humanity.

So why do some people react so negatively to art made by artificial intelligence? According to a new study from the UBC Sauder School of Business, it's because for some, it challenges what it is to be human.

For the study, which appears in the June 2023 edition of *Computers in Human Behavior*, researchers led a series of psychology experiments involving AI art. In one, participants were shown two paintings, and were told that one was generated by AI and the other was human-made; in another, they listened to two pieces of music, one supposedly created by humans and the other by AI.

In reality, however, both pieces of artwork that participants were asked to evaluate were created by either AI or by a human. The researchers randomly labeled one of them as AI-made and the other one as human-made. Still, participants showed an overwhelming preference for artwork they thought was made by people.

"We found that there is a very pervasive bias against work made by AI artists," says UBC Sauder PhD student Guan-zhong Du, who co-authored the study with Kobe Millet and Michail D. Kokkoris from Vrije Universiteit Amsterdam and Florian Buehler at Vorarlberg University of Applied Sciences in Dornbirn, Austria.

"No matter which one is actually

made by the human artist, people prefer the artwork that is labelled as human. They think it is more creative — and when they listen to music or look at paintings made by human artists, they think they are more awe-inspiring."

To find out what's driving the bias, the researchers tested whether the anti-AI sentiment was more pronounced in people with stronger "anthropocentric creativity beliefs" — that is, the belief that creativity is a uniquely human characteristic and distinguishes *Homo sapiens* from other species. They also measured the value of the artworks by asking participants which ones they would be willing to buy.

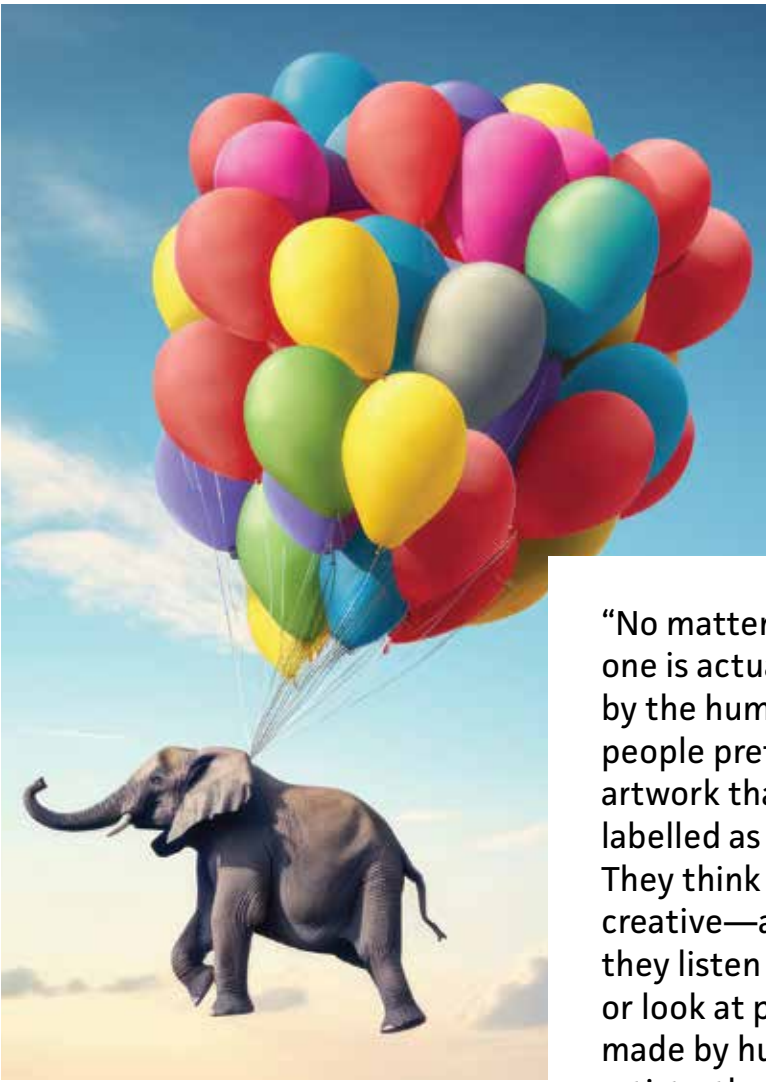
The results showed the bias against AI art is more pronounced in people who believe that creativity is a uniquely human characteristic, and that they were willing to pay more for works they believed were generated by humans.

"For those people, learning that AI can also be creative may be very threatening, because it challenges their worldview about what human beings are," says Du. And the bias isn't a matter of personal taste, he adds.

"It's not like some people prefer Coke and some prefer Pepsi. It represents a deeper philosophical question about our understanding of human identity," says Du. "What makes human beings unique as a species? What differentiates us from others? And what is our place in the universe?"

Artificial intelligence is already woven into everyday life, found in everything from chatbots to autocorrect to digital assistants like Siri and Alexa.

More recently, works made by AI art



"No matter which one is actually made by the human artist, people prefer the artwork that is labelled as human. They think it is more creative—and when they listen to music or look at paintings made by human artists, they think they are more awe-inspiring."

generators have swept social media. AI art also made headlines when a song featuring vocals by what sounded like music megastars Drake and The Weeknd went viral, raising alarm bells about creativity and ownership for artists and record companies.

The study is the first of its kind to link people's aversion to AI art with speciesism and anthropocentrism, and their view that digital works threaten "the last fortress of human supremacy arguments, artistic creation."

Du predicts that in the future, we will encounter more and more AI art. He also believes we should be aware of the human bias the study exposes, and embrace

AI-generated art rather than resist it. "We should learn to appreciate the beauty and the creativity of AI. Because if we leverage AI, if we work with AI, maybe we can better develop our own creativity. Maybe we can collaborate with AI, and achieve something we cannot achieve alone," he says. "But if we are unaware of our bias against AI, that is not possible."

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