

THE CAMPUS RESIDENT

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UBC Community Remembers



University Neighbourhoods Association Directors Ying Zhou (Chair) and Laura Cottle laid a wreath on behalf of UBC residents during Remembrance Day Ceremony at the UBC War Memorial Gym. Please see story on Page 4.

UBC WOMEN'S HOCKEY
WINTER THUNDERLAND
SAT NOV 30
UBC VS ALBERTA
PUBLIC SKATE
& FESTIVAL ZONE: 12:30PM
GAME: 3PM
GOTHUNDERBIRDS.CA/WTHUNDERLAND
UNA RESIDENTS ADMISSION: \$5

Representation on UNA Board Remains Balanced after Election

Section 5.4(a) of the UNA Bylaws provides that "For more balanced representation, not more than three (3) Resident Directors may be resident in any single Local Area."

John Tompkins
Editor

The concept of balanced representation on the UNA Board of Directors remains intact despite an unprecedented turn of events in the 2019 Election where six candidates – three from Hawthorn Place and three from Wesbrook Place – competed for three seats on the UNA Board.

Based on 2,756 valid votes cast in the election at the 2019 Annual General Meeting (AGM) on November 6, the full result of the vote count was as follows:

Murray McCutcheon, Hawthorn Place – 627 votes
Richard Watson, Hawthorn Place – 594 votes
Martin Guhn, Hawthorn Place – 469 votes
Zheng (Jane) Kang, Wesbrook Place – 455 votes
James Ellis, Wesbrook Place – 336 votes
Qing Wang, Wesbrook Place – 245 votes.

The three candidates who received the most votes were all from Hawthorn Place. However, only the top two of them were announced at the AGM as successful candidates.

UNA members were reminded about Section 5.4(a) of the UNA Bylaws which says:

"For more balanced representation, not more than three (3) Resident Directors may be resident in any single Local Area."

Because the UNA had one continuing Resident Director from Hawthorn Place (Terry Mullen) and one continuing Resident Director from Wesbrook Place (Matthew DeLumpa), in this election, only two candidates from Hawthorn Place could take seats on the Board. The third open seat went to a candidate from Wesbrook Place.

The winning candidates who will join the UNA Board as Elected Resident Directors are:

Murray McCutcheon, Hawthorn Place
Richard Watson, Hawthorn Place
Zheng (Jane) Kang, Wesbrook Place.

In a Statement following announcement of the election results, the UNA congratulated successful candidates and thanked all the candidates who put their name forward. The UNA also thanked outgoing Directors Ying Zhou, Laura Cottle and Richard Alexander.

According to the current bylaws, Elected Resident Directors hold office for two years and can be re-elected to the UNA Board for two more consecutive terms of office.

The UNA Board of Directors is comprised of five Resident Directors elected by UNA members, two appointees from UBC (currently Tor Album and Carole Jolly), and one appointee from the Alma Mater Society (AMS) – (currently Cristina Ilnitchi).

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Departing UNA Chair Feels Sense of Pride in UNA Growth

Ying Zhou, Chancellor resident, has been UNA Director for six consecutive years

John Tompkins
Editor

Addressing the UNA membership November 6 in the 2019 Annual General Meeting at the Wesbrook Community Centre, Ying Zhou, departing Chair of the UNA Board of Directors, said: “As I close my last term as a member of the Board, I look back to where we started and feel a sense of pride for how much we have grown and evolved over the last few years. No doubt, there is much still to be done, but our issues and problems always come from a desire to improve our community life and love for our neighbourhoods, and with those goals in mind, we will always find common ground.”

In the Chair’s Report for 2018–2019, Ms. Zhou told about 50 UNA members at the meeting: “Looking back, the UNA has been really fortunate to have committed directors and external partners. Despite financial pressures in the last several years, we are lucky to have a board and staff who worked through some challenging times.

I have learned so much from each of you for the past six years.

“The Bylaw Review work that we have committed to last year continues to be challenging, as complex issues and financial impacts have come up since we provided our recommendations to the members last Spring. We are working closely with UBC, the (UBC student) Alma Mater Society and staff to make sure that we have a solid set of recommendations to put forward in our Special General Meeting in 2020.

“I would like to take the opportunity to express my appreciation to Terry Mullen and Laura Cottle for their leadership, as board members, on this issue. Also, to thank Mike Feeley and Bill Holmes, as resident representatives. Bill Holmes has spent an extraordinary amount of time and efforts on the amendment bylaws for several years.

“The UNA would like to thank and recognize the invaluable and tireless work of volunteers who have contributed their time and expertise to ensure that we can hold a variety of events and initiatives, both long-term and short-term projects.

“Highlights of 2018–2019 include work done by two cultural groups, the Lunar New Year Working Group and the Diwali Festival Committee, who planned and de-

livered two very successful major events.

“The UNA Multicultural Committee has played a key role on supporting the groups as well as has hosted the monthly Cooking workshop for several years. Senior volunteers helped significantly with the implementation of the *Your Passport to Wellbeing* project that involved delivering forty-five free programs with 881 registrations among 200 seniors. I am very proud of their dedication and accomplishments.

“The UNA also owes big thanks to our youth volunteers. The capacity that exists within youth volunteers is astounding, and amazing things happen when a little opportunity is added. This year there was plenty of opportunity, and our volunteer system continued to grow by hitting over 4,200 total hours contributed by more than 310 unique volunteers.”

Looking ahead, Ms. Zhou said, the search for a new UNA Executive Director has started. In the meantime, Andrew Clements, UNA Recreation Manager, and Wegland Sit, UNA Operations Manager, will continue as Interim Co-Executive Directors.

Ms. Zhou also acknowledged with appreciation UNA Board Secretary Shelley Milne. Ms. Milne came onboard after previously



Ying Zhou

working with the UBC Board of Governors. “Shelley has played a role like life-saver for the UNA Board with her expertise and personality,” said Ms. Zhou.

Recognizing the community contribution of *The Campus Resident* newspaper published by the UNA, the outgoing UNA Chair said: “It keeps residents informed of developments and issues in our community, as well as providing residents with a forum for expressing their views. Thank you for serving the UNA for a decade.”

UBC Women’s Varsity Softball Seeks Home in Nobel Park

UBC is required to receive approval from UNA if playing field is to be upgraded and made home for women’s team

The baseball diamond at Nobel Park in Wesbrook Place has lain largely unused since it was installed years ago, but this inertia may soon disappear.

The University Neighbourhoods Association – which manages the playing field – has received an offer from UBC Athletics and Recreation under which the sport facility would convert the playing field to a home for Women’s Varsity Softball. The softball team currently plays at Softball City in South Surrey.

Members of team appeared before the UNA Board of Directors November 19 to make their case for using the Nobel Park diamond as home field. Representing them, Dan Cooper, Associate Director Facilities, UBC Athletics and Recreation, listed – in a written and oral presentation to the UNA Board – how the current facility might be upgraded should the UNA approve the development.

Mr. Cooper said the upgrade would improve field conditions to allow for increased and more diverse community usage, add community programming through youth sport and camps, provide enhanced amenities (such as a water fountain), improve safety in the area, enhance social vibrancy of the area and increase UNA revenue through field use.

Mr. Cooper also pointed to the disadvan-

tages currently weighing on both the facility and the UNA, which has responsibility for the Nobel Park since it lies in the Wesbrook Place residential neighbourhood. In his comments about disadvantages, Mr. Cooper pointed to the following:

- Safety risks in the original field design and construction (for example, irrigation heads located along base paths)
- Limited use of the field due to its current condition
- Youth sport programming is limited
- Informal community use throughout the year, but it’s limited to a handful of hours
- Formal use of the field is limited
- September to March period typically has zero hours of booked field use
- April to August averages 7 hours of use per week.

The UNA Directors agreed that UBC Ath-

letics and Recreation would prepare a formal application to the UNA in search of approval to upgrade the Nobel Park facility and would present it to the Board at its upcoming meeting in December.



Nobel Park playing field.



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“Educating the mind without educating the heart is no education at all.”
-Aristotle

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2019 Audit of UNA Financial Statements Approved

Absence of auditor at AGM disappoints UNA members

The independent Auditor’s Report from Johnsen Archer LLP to members of the University Neighbourhoods Association (UNA) states that the UNA “financial statements present fairly, in all material respects, the financial position of the Association as at March 31, 2019, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.”

At the 2019 UNA Annual General Meeting (AGM), the audited financial statements for the fiscal year ending March 31, 2019 were

approved, and the members passed a motion to appoint Johnsen Archer LLP the auditor for the fiscal year ending March 31, 2020.

In a November 22 letter to UNA members – signed by Rob Matty, CPA, CA, Partner at Johnsen Archer LLP – the auditing firm apologized for its absence at the AGM due to a scheduling mistake and acknowledged the auditor’s absence caused “a great deal of confusion” to the members.

Please see below the letter from Johnsen Archer LLP to UNA members.

Letter to the Members of the University Neighbourhoods Association from Johnsen Archer LLP, the UNA Auditor

Dear Members of the University Neighbourhoods Association (UNA, or the Association):

We are writing to you to apologize for our absence at the University Neighbourhoods Association’s Annual General Meeting (AGM) on November 6, 2019. The absence resulted from a scheduling issue on our part. We take full responsibility for our mistake and we acknowledge this caused a great deal of confusion for you at the AGM.

As you are aware, we have been present at all previous AGMs since we have been appointed the auditors of the Association. We have fielded several questions from members regarding our involvement as it pertains to the audit of the financial statements. During the 2018 AGM, we spoke briefly about our role and the results of our audit. Regrettably, we were not present at the 2019 AGM, however, we have communicated our findings and more information on our role below.

Our Role

Our role as it pertains to the financial statements is to perform an audit to provide reasonable assurance that financial statements, prepared by management, are prepared in accordance with applicable accounting standards and free of material misstatement. In the case of UNA, these accounting standards are “Canadian accounting standards for not-for-profit organizations.”

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit will always detect a material misstatement when it exists. A misstatement is considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

The actual preparation of the financial state-

ments is responsibility of management. We work closely with the finance team to retrieve all applicable information and we perform audit testing on that information that we deem sufficient in order to gather enough audit evidence on which we are able to base our audit opinion.

Our Findings

As a result of the performance of our work, it is our opinion that the financial statements of UNA present fairly, in all material respects, the financial position of the Association as at March 31, 2019, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Other

Our issued audit report also highlights other responsibilities we have as the auditors of UNA. One of these responsibilities is to obtain an understanding of internal controls. Internal controls are the controls management designed and used to reduce the risk of fraud and error. For the purpose of conducting the UNA audit, we did not test the internal controls but rather we gained an understanding of those internal controls through our discussions with management. This is because we were able to audit the Association more efficiently through substantive testing. We would like to highlight that, although we are not able to comment on the effectiveness of internal controls (as we do not test those controls), we can note that management has taken significant steps in recent years to improve operating controls within the organization. We have found the management team to be very committed to ensuring a robust internal control environment.

You have entrusted us in the past to be your auditors and we have worked hard to fulfill

LETTER TO THE EDITOR

UNA All-Candidates Meeting: Evasiveness on Stadium Project

The candidates meeting before 2019 Election presented a good selection of hopeful representatives for the UNA Board of Directors. They were earnest in offering their services, and we must be glad to have them.

One failing was their evasiveness in saying exactly what each would do about the Stadium Neighbourhood project. It is difficult to be very clear, in part because the project seems to be mushrooming in dark back rooms, but the candidate’s insistence that the UNA confine itself to managing our community centres felt unsatisfactory.

No candidate referred to the excellent *The*

Campus Resident October article by Board of Governors Member Professor Charles Menzies in which he argued that “... with each ... expansion, we are pushing ourselves ... closer to the ecological brink.”

I think regrettably, UBC has become a for-profit knowledge factory and damn the consequences. I don’t want our students to scramble for a gig in the corporate rat race to please the world’s 1% who will be enticed into luxury Stadium Neighbourhood condos.

Peter Orata, UNA Resident

Talk at AGM Turns to Future of UNA

Resident raises the issue of local governance by non-profit society versus municipal government

John Tompkins
Editor

The future of local governance at UBC came up for discussion at the Annual General Meeting (AGM) of the University Neighbourhoods Association (UNA) November 6 at the Wesbrook Community Centre.

Linda Moore, a resident of Hampton Place for 15 years, prompted discussion by suggesting the UNA – as a non-profit organization – does not provide real governance.

Ms. Moore recalled how the UNA began as a unique organization 17 years ago – as a society incorporated under the Society Act, not the Local Government Act – to represent the residents living at University Neighbourhoods. Soon after establishment, the UNA entered into the Neighbours’ Agreement that regulates the relationship with UBC.

At the AGM, UNA Elected Resident Director Terry Mullen said he agreed with Ms. Moore in part, pointing out that the UNA lacks at least two powers of local government that all municipalities have: powers of taxation and local planning authority. However, Mr. Mullen thought the idea of a

municipality on campus was “a little down the road.”

The ultimate model – 10 to 20 years from now – may be to become part of Vancouver, Mr. Mullen said, but there is no point addressing this issue since Wesbrook Place – the largest residential area on campus – is not built out yet.

Ms. Moore said she wanted to get away from the illusion of governance by non-profit society and urged fellow residents to be realistic about the future of their community.

Under the UNA Strategic Plan, from 2018-2021, the UNA aims to explore opportunities to evolve governance to meet the changing needs of a growing community.

This includes:

- Review the UNA bylaws and constitution.
- Review the Board’s and Director’s roles and responsibilities within the context of the UNA’s municipal-like mandate.
- Articulate and clarify the relationship between the UNA, UBC and UBC Properties Trust, and explore opportunities to enhance and strengthen the relationship.

This year, the Bylaw Working Group completed the process of reviewing the UNA bylaws, and the Board of Directors approved the proposed changes. The UNA members will vote on the proposed bylaw changes at the Special General Meeting expected to take place in 2020.

our commitments and we value our relationship with the UNA. Please accept our sincere apologies for missing the 2019 AGM.

If any members have any questions with our involvement of the audit, we would be happy to respond to those in writing.

Remembrance Ceremony at UBC Stirs Feelings



FOR THE FALLEN

Written by Laurence Binyon (1869-1943)

Read by UBC Professor Nancy Hermiston

They shall grow not old, as we that are left grow old:
Age shall not weary them, not the years condemn.
At the going down of the sun and in the morning
We will remember them.

John Tompkins
Editor

The University of British Columbia hosted its 68th annual Remembrance Day Ceremony November 11 with 2,000 or more people attending it at the War Memorial Gym.

Attendees included members of the UBC community – students, faculty, staff and residents. Directors of the University Neighbourhoods Association Ying Zhou

(Chair) and Laura Cottle laid a wreath on behalf of the residents– among 33 wreaths laid by the representatives of various organizations.

Others laying wreaths on behalf of the organizations they represented included Lindsay Gordon, UBC Chancellor; Santa J. Ono, UBC President and Vice-Chancellor; and Chris Hakim, President of the (student) UBC Alma Mater Society.

Nancy Hermiston, a UBC music professor and University Marshall, led the ceremony, which began with a member of the Mus-

queam Indian Band – in full Indigenous dress – offering words of welcome in both English and Musqueam language.

Members of the audience joined Ms. Hermiston in singing the famous lines of English poet Rudyard Kipling, *Lest We Forget*.

Then, a bugler stationed on the balcony of the gymnasium – packed for the occasion – played *The Last Post*. Two minutes of silence followed in honor of Canadians lost in war.

As people learned throughout the ceremony, War Memorial Gymnasium was officially dedicated on October 26, 1951 to the family members of service personnel who lost their lives in the two world wars.

The Memorial walls have since been updated to reflect UBC's involvement with Canada's military. It is frequently referred to as 'The Historic' War Memorial Gymnasium, which hosts the annual UBC Remembrance Day Ceremony.

Joyce Murray, President of the Treasury

Board, Minister of Digital Government, and MP, Vancouver Quadra, praised the bravery of Canadian soldiers in both battle and peace-keeping duties around the world over the years, and said how proud Canadians should be that our military follows such a sterling tradition.

Ms. Murray referred to an ancestor who had fought in Italy in the Second World War – a particularly brutal campaign from which many Canadian soldiers did not return home.

David Eby, British Columbia Attorney General and MLA, Vancouver–Point Grey, told a story which, he said, made the meaning of Remembrance come true to him.

A few weeks ago, Mr. Eby attended the opening game of the UBC Men's basketball season at the War Memorial Gym, where a spectator – a high-functioning autistic man in his forties – had approached him to say that since 2016, he had raised \$6,000 for the Veteran's Poppy Fund. "This man went not only to UBC to raise the money but to other places as well," Mr. Eby said.

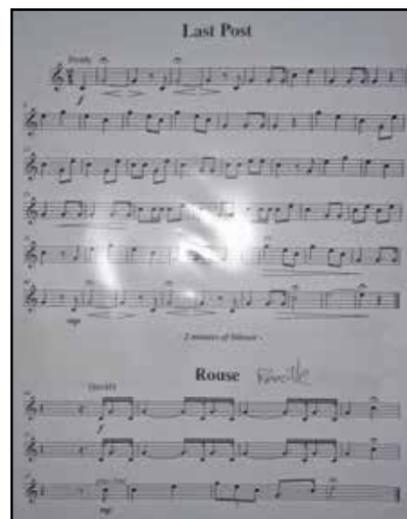
Professor Ono recounted the outstanding heroism of UBC students, faculty and staff in both the First and Second World Wars.

The ceremony at UBC brought forth excellent music as well as resounding remarks.

The UBC Opera Ensemble with pianist Richard Epp performed a portion of *Sleep, Silent Night* opera.

Soloist Ian Cleary with Mr. Epp on piano, sang *Bring Him Home* from *Les Misérables*.

The Canada, BC, Musqueam and UBC flags were lowered on campus on Monday, November 11 to mark Remembrance Day.



LETTER FROM UBC PRESIDENT

Celebrating our Thunderbird Athletes

November is Thrive Month at UBC. It's a month-long series of events focused on helping everyone at UBC explore their path to mental health. This year, we're celebrating 10 years of Thrive with a month of events and initiatives focused on building mental health through the "Thrive 5" – Thrive by Moving More, Thrive by Sleeping Soundly, Thrive by Eating Well, Thrive by Giving Back and Thrive by Saying "Hi!"

You can find out more about Thrive at <https://wellbeing.ubc.ca/thrive-5>, but in this column I'd like to talk about the first of the Thrive 5 – Thrive by Moving More.

UBC believes that physical activity is an important part of overall wellbeing. We encourage our students (and our faculty and staff) to be as physically active as possible, and we also celebrate and support student athletics, through informal recreational activities and through intramural and varsity sports.

UBC has two varsity athletics programs: the Heat teams at the UBC Okanagan campus, and the Thunderbirds here at UBC Vancouver.

The 2018-19 academic year was a banner year for the Thunderbirds. Collectively, they won a record eleven national championships, including four sweeps in men's and women's rowing, men's and women's swimming, men's and women's golf, and men's and women's track and field.

The women's volleyball team turned the national championships on its ear as the number 8-seed upset everyone in their path en route to a come-from-behind five-set victory over the defending champion Ryerson Rams in the national final.

What makes these accomplishments even more impressive is that the individual Thunderbird athletes were excelling at their studies at the same time as they excelled on the field or on the court or the ice.

At UBC, athletics and academics are very much intertwined. Our varsity athletes – whether members of the Thunderbird teams here at the Vancouver campus or The Heat at UBC Okanagan – are serious about both sports and studies.

UBC recognizes and celebrates that balance of sport and scholarship through the annual

Academic All-Canadian Breakfast of Champions. This year's event took place earlier this week and honoured 140 scholar-athletes.

These students are indeed special. To be honoured, they must have had an average of 80 percent or higher in the 2018-19 academic year as well as participated in their sport. Balancing academics and athletics – and excelling at both – takes dedication and character just as much as it takes talent.

We are lucky to have so many student athletes who are such well-rounded individuals.

Here are a few of the Thunderbirds we honoured this week:

Markus Thormeyer: Majoring in Environmental Sciences and doing research on insect ecology, Markus was U SPORTS Male Swimmer of the year in 2018-19 and Swim Canada's Male Olympics Swimmer of the Year in 2018. He was also part of the Student

Athlete Mental Health Initiative – UBC campus team and a member of Team Canada's OneTeam to promote LGBT inclusion in sport.

Margaret Pham from the School of Kinesiology was a Canada West All Star and is currently a co-captain of the Women's Field Hockey Team. She is a member of Canada's Women's Field Hockey National squad, competing with the team in China in May 2019. She has won numerous academic awards including the 2018-19 Google Cloud Academic All-America Team Member of the Year for the College Division and UBC's Barbara Schrodt Award in Kinesiology. She volunteers with "I Go To UBC" – leading tours of campus, introducing sports and university life, and providing education advice to inner-city children.

Michael Smith (Faculty of Science) is Captain of the Men's Rugby Team and a member of the Canadian U-20 National team. He is



Professor Santa J. Ono.
Photo credit Paul Joseph, UBC.

Thunderbird Athletic Council President for 2019-20. The TAC's mission is to develop a stronger sense of athletic pride at UBC, provide Varsity athletes with scholarship opportunities, give back to the community, all the while enhancing the varsity experience for all UBC Thunderbird Athletes. He was the UBC Premier Wesbrook Scholarship winner in 2019 and was shortlisted for the 2019 UBC Rhodes Scholar submission.

Margaret Hadley (Sauder School of Business) was co-captain of the women's soccer team in 2018-19. During her time as a UBC Thunderbird, she was involved in the Hope and Health Initiative, which utilizes soccer to build resilience and connection amongst Aboriginal children and youth. She co-led the inaugural Women In Leadership Event, a networking event bringing together local leaders with UBC student athletes preparing to transition to the workforce. She also mentored and coached young female soccer athletes on the North Shore during the off season.

These were just a few of the outstanding champions we celebrated this week. Here's to all our outstanding scholar-athletes.

Find out more about UBC Thunderbirds at www.gothunderbirds.ca.

Best wishes

Professor Santa J. Ono
President and Vice-Chancellor



UBC President Santa Ono with Markus Thormeyer at the U SPORTS swimming nationals last February. Photo credit Rich Lam, UBC Athletics.



Group of UBC student athletes at UBC Thunderbirds annual Academic All-Canadian Breakfast of Champions that took place last November at Robert H. Lee Alumni Centre. Photo credit Paul Joseph, UBC Brand & Marketing.

Harvesting Food Skills at UBC Botanical Garden

Braela Kwan

Former UBC Botanical Garden Marketing and Communications student employee and Master of Journalism student

UBC Botanical Garden is working with student partners to bridge the gap between students and food security, an issue that is prominent not only on UBC Vancouver campus but across the world.

With student partners from the AMS Food Bank and the Food and Nutrition Working Group from UBC Wellbeing, UBC Botanical Garden co-created the Harvesting Food Skills program with funding support from UBC Wellbeing. The project was designed to provide AMS Food Bank clients with the workshops and resources to build capacity around the growing, harvesting, preparing and sharing of food.

“Harvesting Food Skills is about making food, agriculture and nutrition research and programming accessible to our students so that we can advance food security on campus,” said Tara Moreau, Associate Director of Sustainability and Community Programs at UBC Botanical Garden.

The Harvesting Food Skills program has two components. The first one was a series of summer workshops where clients from the AMS Food Bank were invited to the Food Garden at UBC Botanical Garden, to learn how to grow and harvest food plants, and how to prepare and cook them. Participants shared their dishes and took home freshly harvested produce.

The workshops provided students with the skills to start building their understanding of food by teaching them how to incorporate healthy ingredients in their kitchens. One student at the workshops had never sauteed onion before.

The second component of the program was the development of a brochure: *Food: Nutritious Plants for Health and Wellbeing*. The brochure features plant-based diets and tips for healthy eating, while highlighting a series of student-developed illustrations of plant foods and tips for using these ingredients in the kitchen. Download UBC Botanical Garden’s new Food Guide Brochure at www.botanicalgarden.ubc.ca/food.

These resources aim to equip students to be critical thinkers about where their food comes from, asking questions about how they can eat healthier and cook more. Moreau believes that community gardens act as entry points in getting people to think critically about their food choices, and consequently, about larger food and agriculture systems.

“To me, the reason why plant-based diets are so great is that we [the Garden] can share with other people our love of plants through the important topic of food security,” said Moreau.

From a global standpoint, the EAT-Lancet report, released in January 2019, reiterates the value of plant-based diets in improving both human health and environmental health. The report notes that improving food systems will help achieve the United Nations Sustainable Development Goals (SDGs).

Like UBC Botanical Garden, organizations looking to incorporate sustainability initiatives can integrate important global issues into their existing work and contribute meaningfully towards a better future.

Upcoming at UBC Botanical Garden: Handmade wreaths for sale November 26–December 10, Annual Member Sale December 4 and 7 (UNA members receive discounts), Christmas Tree Recycling December 26–January 8. More info on all events at www.botanicalgarden.ubc.ca/events.



Masters of Geomatics for Environmental Management (MGEM) students study a patch of plants at UBC Botanical Food Garden.



Students learn how to prepare and cook food plants in a Harvesting Food Skills workshop at UBC Botanical Garden.

For the Love of Pottery

Exploring a new hobby at West Point Grey CC’s Pottery Studio

Sarah Ripplinger

Community Engagement Coordinator, West Point Grey Community Centre Association

When Cynthia Liu wanted to find a pottery program for her daughter, Kathy, it didn’t take long before people directed her to the Pottery Studio at West Point Grey Community Centre.

“While my daughter was in class, I would go for walks around the beach and forest nearby,” says Cynthia.

Kathy soon brought home clay cups and trays from her Pottery, Clay Works class, which now serve as planters and artistic accents in their garden.

Seeing how much her daughter enjoyed creating art from clay, Cynthia jumped on the bandwagon and signed up for Pottery, Hand and Wheel, Beginner. “It’s been a

struggle sometimes,” she says, “but I see others making progress, so I know I can, too.”

Cynthia made two trays, a little bowl and other useful works of art. She especially enjoyed throwing and hand-building pottery in West Point Grey CC’s dedicated pottery studio.

“I don’t mind asking people if I have questions, and they are very kind to answer to the best of their knowledge,” says Cynthia. “Members, teachers and students there are very friendly and informative.”

“We’re all learning a skill. As long as you take that first step, you’ll be amazed at what you can do.”

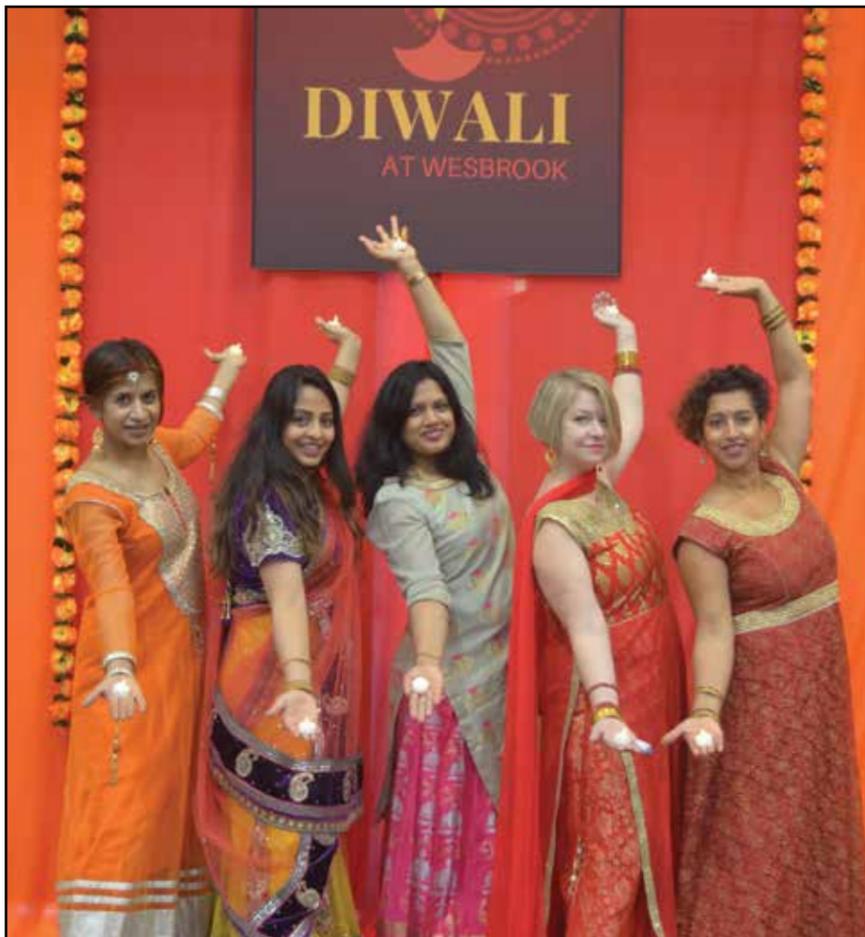
Aberthau Potters’ Winter Sale will take place at the West Point Grey Community Centre on Saturday, December 7, 10 am – 4 pm.

For more info about West Point Grey Community Centre’s pottery programs, please visit www.westpointgrey.org; contact them at wpgcc@vancouver.ca or 604.257.8140; or visit them at 4397 West 2nd Avenue, Vancouver.



Cynthia Liu and her daughter Kathy.

UNA Residents Celebrate Diwali Festival of Lights



Diwali organizing committee (from left): Nidhi, Manali, Jayasree, Nicky and Angie. Photo credit Gaurang.



Volunteers serve Samosas and Chai. Photo credit Kabir Hundal.

The celebration of Indian New Year – organized by the UNA – took place at Wesbrook Community Centre on October 26.

Residents and guests at the Festival of Lights visited the cultural craft corner, painted their own diya clay lamps, had henna designs painted on their hands, learned how to wear a sari, listened to Indian music, watched Indian classical and folk dances, participated in a Bollywood dance demonstration and class, and enjoyed Indian snacks and refreshments.

The success of this annual UNA event was assured by outstanding work of the Diwali organizing committee members: Jayasree Basivireddy, Angie Datt, Nicky Foxall, Nidhi Raina, Manali Yadav.



Enthusiastic members of The Spirit of Dance Academy share the culture and art of the South Asian Dance. Photo credit Sammy Tong.



Students from Sargam, UBC Indian classical music club. Photo credit Sammy Tong.

Local Director on Metro Board Describes Circular Economy: A Future without Waste

The circular economy is moving beyond recycling to a new zero-waste platform: make, use, reuse

John Tompkins
Editor

The Director of Electoral Area A (EAA), Jen McCutcheon, says she is fortunate to have attended the 2019 Zero Waste Conference held October 30-31 at Vancouver Convention Centre.

“One of the main concepts discussed was something that was new to me: the circular economy.

“The idea is that in our current, linear economy, products are made, used and then thrown away. However, as one speaker stated, there is no such thing as ‘throwing something away’. Everything we throw out or even recycle still needs to be dealt with at a significant cost – both financially and in terms of fossil fuels used.

“In contrast, a circular economy is aimed at continual use and reuse of resources, thereby eliminating waste.”

As Ms. McCutcheon reports in her November Electoral Area A Director’s Update, Zero Waste Conference speakers presented a number of new innovations on the horizon to address various aspects of waste reduction.

“More important than all the technological changes, however, is a significant behaviour change by each of us.

“This means rethinking each of our purchases – is this something we need to purchase? Is there a rental or used option? What are the eco-friendly and less plastic-dependent alternatives?”

Each item we choose to buy – or not to buy – sends a message to producers to make more or less of that product, says the EAA Director.

“It may feel like your individual decision in the grocery store doesn’t matter, but it does, as does that of your neighbours.

“Sometimes the ‘reduce-reuse-recycle’ motto is shown as a circle, but it is actually a hierarchy, with reducing and reusing being far superior to recycling (which of course, is much better than throwing something in the garbage).”

If you are interested in finding out more about what was presented and discussed at the Zero Waste Conference, you can visit www.zwc.ca or email Ms. McCutcheon at areajen@gmail.com.

Ms. McCutcheon reports monthly for residents living at UBC, the University Endowment Lands and in the rest of Electoral Area A on activities related to work being done at

Metro Vancouver and TransLink.

In addition to her responsibilities as a Metro Vancouver Director for Electoral Area A and Member of Mayors’ Council on Regional Transportation, Ms. McCutcheon has been appointed to Metro Vancouver Climate Action Committee, chaired by Councillor Adriane Carr of the City of Vancouver.

The EAA Director says: “For me personally, being able to contribute to protecting our environment and helping our society move away from our dependency on fossil fuels was one of the drivers for me running for the position of Electoral Area A Director.”

As we move into the holiday season, this is a great time to challenge you and your family to make as many small (or big!!) changes as you can to consume less: less waste, less plastics, less stuff ... just less!

Jen McCutcheon
Metro Vancouver Director for Electoral Area A

Men's Community Network Starts Up

*Nils Bradley
Hampton Place Resident*

It has been said that "Men don't talk face to face, they talk shoulder to shoulder".

Men are more reluctant than women to socialize by joining groups or clubs and prefer to interact with other men, maybe a select few, by taking part in activities such as playing or watching sport, playing games, doing hobbies, or building something. It is also noticeable that men are slower to volunteer or participate in community centre activities. In general, women are more agreeable to this form of engagement and therefore form a larger proportion of volunteers.

Men receive a certain amount of camaraderie while working, but after retirement, they are often at home, isolated and alone. Loneliness is rapidly being recognized as a mental and social problem in both the senior and other age groups.

The Men's Community Network (MCN) has received an UTown@UBC Community Grant and is in the process of starting a men's support group. The aim of this group is to invite men of all ages to come together in a welcoming environment, find common activities and to discuss and share information about men's health issues, both mental, social and physical.



Men's Community Network planning committee.

MCN could also be a source of community support by providing services, expertise and volunteer participants for local activities.

There will be an open general meeting at Wesbrook Community Centre on Tuesday, December 3, at 7 pm. This will provide an opportunity for everyone to get a better understanding about MCN and register to become a part of our group.

Please call 604.827.4469 or 604.822.4227 to register for the event (#16475), or visit Wesbrook or the Old Barn Community Centres in person, or register online at <https://www.myuna.ca/recreation/programs/>.

2020
WINTER

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